WAC 284-54-350 Form to be used—Long-term care insurance disclosure form. No later than January 1, 1996, the disclosure form shall be substantially as follows:

(Company Name) Disclosure Form Long-term Care Insurance

The decision to buy a new long-term care policy is very important. It should be carefully considered.

The following data give you some general tips and furnish you with a summary of benefits available under our policy.

Your long-term care policy provides thirty days (sixty days for direct response insurers) within which you may decide without cost whether you wish to keep it. For your own information and protection, you should be aware of and seriously consider certain factors which may affect the insurance protection available under your policy.

If you now have insurance which provides benefits for long-term care, <u>read your policy carefully</u>. Look for what is said about renewing it. See if it contains waiting periods before benefits are paid. Note how it covers preexisting conditions (health conditions you already have). Compare these features with similar ones in any new policy. Use this information to measure the value of any insurance or health care plans you now have.

DON'T BUY MORE INSURANCE THAN YOU REALLY NEED. One policy that meets your needs is usually less expensive than several limited policies.

If you are eligible for state medical assistance coupons (medicaid), you should not purchase a long-term care insurance policy.

After you receive your policy, make sure you have received the coverage you thought you bought. If you are not satisfied with the policy, you may return it within thirty days (sixty days for direct response insurer) for a full refund of premium.

LTC DISCLOSURE FORM

1. INSTITUTIONAL CARE

What levels of care are covered by the policy?	YES	NO
Does the policy provide benefits for these levels of care?		
Skilled Nursing Care?		
Intermediate Nursing Care?		
Custodial/Personal Care?		
(By state law, all long-term care policies in Washington State must cover all three of the above levels of care.)		
Where can care be received and be covered under the policy?		
Does the policy pay for care in any licensed facility?		
If no, define the restrictions on where care can be obtained:		
Is the alternative plan of care benefit available with institutional part of policy?	If yes, see section	2
Does the alternative plan of care benefit include home care?	If yes, see section	2
Does the alternative plan of care benefit include structural home improvements?		
2. HOME/COMMUNITY BASED CARE		
What types of care are covered by the policy?		
Does the policy provide home care benefit for:		
Check all that apply		
Adult day care		
Adult day health care		
		

Home health aides Homemaker services			
Homemaker services			
			
Hospice			
Hygiene/personal care			
Laboratory services			
Meals/nutrition services			
Medical equipment/supplies			
Prescription drugs			
Physician/nursing services			
Respite care			
Social workers			
Therapies (List)			
Transportation			
Other:			
Are these separate or post-confinement benefits?	Separate	Post - Confine	ment
Where can home/community-based care be received?	•		
Check all that apply			
Adult day care centers			
Alternative care facilities			
Assisted living facilities			
Boarding homes			
Community centers			
Congregate care facilities			
Multiple family residences			
Single family residences			
Other:			
Does the alternative plan of care benefit include home care? Does the alternative plan of care benefit include structural improvements?			
Does the alternative plan of care benefit include structural improvements? Must the alternative plan of care be pre-certified? If yes, by whom?			
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If policy includes inflation coverage, what is the daily benefit for:	
Institutional/nursing home care.	
5 years from policy effective date?	
10 years from policy effective date?	
Home/Community based care.	
5 years from policy effective date?	
10 years from policy effective date?	
After the limits have been reached for inflation adjustments, what is the maximum	
daily benefit for:	
Institutional/nursing home care	
Home/community based care	
After the limits have been reached for inflation adjustments, what is the maximum lifetime benefit for:	
Institutional/nursing home care	
Home/community based care	
Is there a waiver of premium provision for:	
Institutional/nursing home care?	
Home/community based care?	
How many days of confinement in an institution are required before the waiver of premium benefit is available?	
How many days of confinement at home are required before the waiver of premium benefit is available?	
How many days of benefits must be paid before waiver is effective?	
Does the policy have a nonforfeiture benefit?	
If yes, how many years must policy be in effect before the insured benefits from nonforfeiture values?	
What would the benefit value be in terms of dollars after 20 years?	
What does the nonforfeiture benefit promise? (give an appropriate example showing dollars and time limits)	
Does the policy have a death benefit?	
If yes, specify value (in dollars of %)	
What conditions or limitations apply, if any?	
Does the policy have a restoration of benefits provision?	
If yes, give amount of benefit and minimum required # of days between benefits.	
If disability recurs, is there a new elimination or waiting period before benefits begin again?	
If yes, after how long?	
How long is the waiting period for preexisting conditions?	
How is the preexisting condition defined?	
When do benefits begin?	
How long is the elimination or waiting period before benefits begin for:	
Institutional/nursing home care?	
Home/community based care?	
What gatekeepers are required before benefits start?	
Doctor certification	
Case management	
If yes, by whom?	
Medical necessity	
Plan of treatment	
If yes, by whom?	
Inability to perform activities of daily living (ADLs)	
If yes, how many ADLs must fail before benefits begin?	
If the policy uses an ADL gatekeeper(s), define "inability to perform ADL."	
Is there a separate benefit qualification requirement if there is a cognitive impairment?	
Who determines a qualifying event?	
Define any separate benefit qualification requirement if there is a cognitive impairment:	
What does the policy cost?	
How often can the premium increase?	

By how much annually can the pren	nium increase?			
Is there a discount if both spouses b	uy policies?			
If so, how much?				
Do you lose the discount if one spot	use dies?			
4. ADDITIONAL POLICY INFORMA	TION			
Use this space to outline additional	benefits, further explanations	s or clarifications		
5. POLICY DEFINITIONS				
(Include definitions of policy provis	sions)			
WHAT DOES THE POLICY COST?				
COMPANY NAME	POLICY OPTION 1	POLICY OPTION 2	POLICY OPTION 3	POLICY OPTION 4
ELIMINATION (DEDUCTIBLE)				
PERIOD BENEFIT PERIOD				
\$ BENEFIT FOR DAY				
\$ MAXIMUM BENEFIT				
Institutional/Nursing Home				

[Statutory Authority: RCW 48.02.060, 48.84.030 and 48.84.050. WSR 95-19-028 (Order R 95-5), § 284-54-350, filed 9/11/95, effective 10/12/95. Statutory Authority: RCW 48.02.060(3), 48.30.010 and 48.84.910. WSR 87-15-027 (Order R 87-7), § 284-54-350, filed 7/9/87.]

Home Health/Community Based

OPTIONAL BENEFITS
Inflation
Non Forfeiture
Spousal Discount
Death Benefit
Other
Other
Other

BENEFIT "TRIGGERS"
(QUALIFICATION REQUIREMENTS)

List _ List _ List _ PREMIUM SUBTOTAL \$

PREMIUM TOTAL \$